



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Be Adventurous
Be Challenged
Be Connected
Be Family
Be Inspired
Be Social
Be Well

Location Keys

Activity Room (1st Floor) ACT
Atrium (1st Floor) AR
BUS BUS
Chapel (2nd Floor) CH
Dining Room (1st Floor) DIN
Game Room (2nd Floor) GR
Library (3rd Floor) LIB
Outside (OS)
TV Room (2nd Floor) TV

<p>Happy Birthday Jane G.</p> <p>9:30 Noodle Balloon Volley [AR] 10:30 Computer Pokeno [ACT] 11:00 Bridge Players Visiting [TV] 11:30 Ambassador Meeting [ACT] 12:30 National Girlfriends Day (Invite for lunch) [DIN] 12:30 Secret Word (Girlfriends) [DIN] 12:30 Wear Your Name Tag [DIN] 1:30 LTS ~ 'Hearing Aid Center' w/David [ACT] 2:00 Pinochle [LIB] 3:00 Horse Races [ACT] 4:00 Rack-O Card Game [GR] 4:45 Cribbage [ACT] 6:45 Po-ke-no w/Maureen [ACT]</p>	<p>Happy Birthday Allen C.</p> <p>9:00 Blood Pressure Check [ACT] 9:30 Sit & Stretch Exercise [TV] 10:30 Bingo w/Friends [ACT] 11:30 Walking w/Jackie 12:00 Hidden Word Search [AR] 2:00 Bridge [LIB] 2:15 Scrabble [ACT] 3:30 Uno Card Game [ACT] 4:45 Gold Key 'International Beer Tasting Day' [ACT] 5:00 Foosball [GR] 6:15 National Ice Cream Sandwich Day [DIN] 6:45 Blackjack & Poker [GR] 6:45 Movie Night [TV]</p>	<p>9:00 Hunt & Walk (Part 1) [AR] 9:30 Sit & Stretch Exercise [TV] 10:30 Coffee & Family Sharing Chat Time [GR] 11:45 George on the Piano [AR] 12:00 Auction \$\$ Exchange [AR] 1:45 National Watermelon Day [DIN] 2:00 Beanbag Baseball [AR] 2:00 Bridge Lessons w/John [LIB] 3:30 Uno Card Game [GR] 4:15 Entertainment by Antonio [AR] 4:30 Grab some Nuts Day! [AR] 4:45 Pool Challenge [GR] 6:45 Computer Bingo w/John [ACT] 6:45 Tripoley Card Game [LIB]</p>
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<p>Happy Birthday Loyd D.</p> <p>9:00 Hunt & Walk (Part 2) [AR] 9:30 Sit & Stretch Exercise [TV] 11:00 Bible Study w/friends [CH] 12:00 Sudoku [AR] 12:30 U.S. Coast Guard Day! [ACT] 2:00 Sunday Matinee [TV] 2:00 Tripoley [LIB] 3:30 Dominoes [ACT] 3:45 Ice Cream Social [ACT] 4:00 Classical Music (Mozart Selections) [AR] 4:30 Checkers [ACT] 4:45 Pool [GR] 5:00 Cryptograms [AR] 6:45 Po-ke-no w/Jane [ACT]</p>	<p>Happy Birthday Nancy D.</p> <p>9:30 Sit & Stretch Exercise [TV] 10:15 Entertainment by Gold Country Senior Band [AR] 11:30 LRC (Left-Right-Center) Dice Game [ACT] 12:00 Hidden Word Search [AR] 12:30 Sisters Day (Invite for lunch) [DIN] 1:30 Dog Companionship Day [AR] 2:00 Bunco w/Barbara [ACT] 2:00 Mahjong Lessons! [GR] 3:15 Coffee & Current Event [ACT] 4:00 Skip-Bo [GR] 5:00 Hunt & Walk Conclusion [AR] 6:45 Movie Night [TV] 6:45 Poker [GR]</p>	<p>9:30 Chair Movement w/Nancy [TV] 10:30 Trivia Challenge [ACT] 10:35 Rosary [CH] 11:00 Communion [CH] 11:15 Bible Study w/Woody [CH] 11:45 Coloring w/Friends [ACT] 1:30 Country Store 1:45 LTS ~ Boom or Bust in Retirement by Adam H. [ACT] 2:00 Pinochle [LIB] 2:45 Bowling [AR] 3:45 Kings in the Corner (card game) [ACT] 4:15 Vibrant Life/Activity Meeting [ACT] 4:45 Puzzle Time [LIB] 6:45 Bingo w/Kelly [ACT]</p>	<p>9:30 Tai Chi w/Craig [TV] 11:00 Bible Study w/Chaplain Colbert (non-denominational) [CH] 11:30 Welcome & Meet New Residents [ACT] 12:00 Hidden Word Search [AR] 2:15 Dog Park Social Time (OS) 2:15 Outing ~ Bowling at Foothill Bowl [BUS] 2:30 Yahtzee [GR] 3:30 National Lighthouse Day (Movie) [TV] 4:00 Music & Dancing w/George [AR] 4:15 Beer Social [AR] 4:45 Rummy Card Game [GR] 6:45 Bingo 10 Cards w/Zoey [ACT] 6:45 Poker [GR] 6:45 Tripoley Card Game [LIB]</p>	<p>9:30 Sit & Stretch Video Exercise [TV] 10:30 Computer Pokeno [ACT] 11:30 Dogust (Birthday for Shelter Dogs) [BUS] 12:30 Secret Word (Peaches) [DIN] 12:30 Wear Your Name Tag [DIN] 1:15 Peach Month [DIN] 1:30 Let's Talk Seniors (Eye Glass Cleaning & Adjustments) [AR] 2:00 Pinochle [LIB] 2:30 Resident/Manager Meeting [ACT] 3:15 Paint by # [ACT] 4:00 Cooking w/Cathleen [ACT] 4:45 Dominoes [ACT] 6:45 Po-ke-no w/Maureen [ACT]</p>	<p>Happy Birthday Jackie C. & Lloyd S.</p> <p>9:00 Blood Pressure Check [ACT] 9:30 Sit & Stretch Exercise [TV] 10:30 Bingo w/Friends [ACT] 11:30 LRC (Left-Right-Center) Dice Game [ACT] 12:00 Hidden Word Search [AR] 2:00 Bridge [LIB] 3:00 Aggravation Board Game [ACT] 4:00 Checkers [ACT] 4:15 Entertainment by Amy Franklin [AR] 4:45 Knitting Hats or Scarfs for the Homeless [ACT] 5:00 Puzzle Time [LIB] 6:45 Blackjack & Poker [GR] 6:45 Movie Night [TV]</p>	<p>9:00 Hunt & Walk (Part 1) [AR] 9:30 Sit & Stretch Exercise [TV] 10:30 Coffee & Family Sharing Chat Time [GR] 11:45 George on the Piano [AR] 12:00 Auction \$\$ Exchange [AR] 2:00 Beanbag Baseball [AR] 2:00 Bridge Lessons w/John [LIB] 3:45 National S'mores Day! [ACT] 4:15 Wii Bowling League [ACT] 4:45 Walking Group [AR] 6:45 Computer Bingo w/John [ACT] 6:45 Tripoley Card Game [LIB]</p>
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<p>Happy Birthday Chuck K.</p> <p>9:00 Hunt & Walk (Part 2) [AR] 9:30 Sit & Stretch Exercise [TV] 11:00 Bible Study w/friends [CH] 11:15 Mini Golf [TV] 12:00 Sudoku [AR] 2:00 Sunday Matinee [TV] 2:00 Tripoley [LIB] 3:45 Sherbet Ice Cream w/staff [ACT] 4:00 Classical Music (Anne Get Your Gun) [AR] 4:30 Yahtzee [ACT] 4:45 Pool [GR] 5:00 Cryptograms [AR] 6:45 Po-ke-no w/Jane [ACT]</p>	<p>Happy Birthday Shirley M.</p> <p>9:30 Sit & Stretch Exercise [TV] 10:30 Pokeno w/Bev [ACT] 11:45 Walking w/Friends [AR] 12:00 Hidden Word Search [AR] 1:45 Church Service & Communion w/Pastor Paul [CH] 2:00 Mahjong Lessons! [GR] 2:15 Jeopardy w/Barbara [ACT] 3:15 Reminiscing w/Barbara [ACT] 4:00 Phase 10 Card Game [ACT] 5:00 Hunt & Walk Conclusion [AR] 6:45 Movie Night [TV] 6:45 Poker [GR]</p>	<p>9:30 Beach Ball Exercise [AR] 10:00 Catholic Mass [CH] 10:30 Trivia Challenge [ACT] 11:15 Bible Study w/Woody [CH] 11:45 Left Handers' Day (Discussion) [ACT] 1:30 Country Store 1:45 Stamp Collection Fundraiser [ACT] 2:00 Beanbag Baseball [AR] 2:00 Pinochle [LIB] 3:30 Water Colors [ACT] 4:00 Left-Right-Center Dice Game [ACT] 4:45 Puzzle Time [LIB] 6:45 Bingo w/Kelly [ACT]</p>	<p>9:30 Tai Chi w/Craig [TV] 10:30 Outing ~ Stand Up Placer Thrift Store (Roseville) [BUS] 11:00 Bible Study w/Chaplain Colbert (non-denominational) [CH] 12:00 Hidden Word Search [AR] 2:15 Dog Park Social Time [(OS)] 2:30 Yahtzee [GR] 3:00 V-J Day Discussion [ACT] 4:00 Music & Dancing w/George [AR] 4:00 National Creamsicle Day [ACT] 4:45 Card Playing [GR] 6:45 Bingo 10 Cards w/Zoey [ACT] 6:45 Poker [GR] 6:45 Tripoley Card Game [LIB]</p>	<p>Relaxation Day</p> <p>9:30 Noodle Balloon Volley [AR] 10:30 Computer Pokeno [ACT] 10:45 Decorate for Birthday Celebration [ACT] 12:30 Birthday Celebration [DIN] 12:30 Secret Word (Relaxation) [DIN] 12:30 Wear Your Name Tag [DIN] 1:30 Entertainment by Mike Baziuk [AR] 2:00 Pinochle [LIB] 3:30 Thursday Afternoon Movie [TV] 4:00 Cell Phone & Tablet Class w/Bianca [ACT] 5:00 Coffee & Cookies ~ Chat Time [AR] 6:45 Po-ke-no w/Maureen [ACT]</p>	<p>8:00 Donuts w/Friends [DIN] 9:00 Blood Pressure Check [ACT] 9:30 Sit & Stretch Exercise [TV] 10:30 Bingo w/Cathleen [ACT] 12:00 Hidden Word Search [AR] 12:45 National Tell a Joke Day [DIN] 2:00 Bridge [LIB] 2:00 Rummikub [ACT] 3:30 Craft Project w/Cathleen [ACT] 4:15 Scrabble [ACT] 4:45 Skip-Bo [ACT] 6:45 Blackjack & Poker [GR] 6:45 Movie Night [TV]</p>	<p>9:00 Hunt & Walk (Part 1) [AR] 9:30 Sit & Stretch Exercise [TV] 10:30 Coffee & Family Sharing Chat Time [GR] 11:00 Ritz Glitz by Kathleen [AR] 11:30 Reminiscing w/Cathleen [ACT] 11:45 George on the Piano [AR] 12:00 Auction \$\$ Exchange [AR] 2:00 Bridge Lessons w/John [LIB] 2:45 Beanbag Baseball [AR] 3:45 Bocce Ball [AR] 4:45 Left-Right-Center Dice Game [ACT] 6:45 Computer Bingo w/John [ACT] 6:45 Tripoley Card Game [LIB]</p>
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<p>Happy Anniversary Ed & Edith Kane (1956)</p> <p>9:00 Hunt & Walk (Part 2) [AR] 9:30 Sit & Stretch Exercise [TV] 11:00 Bible Study w/friends [CH] 12:00 Sudoku [AR] 2:00 Sunday Matinee [TV] 2:00 Tripoley [LIB] 3:30 Dominoes [ACT] 3:45 Sunday Sundaes [ACT] 4:00 Classical Music (Guys and Dolls) [AR] 4:30 Checkers [ACT] 4:45 Pool [GR] 5:00 Cryptograms [AR] 6:45 Po-ke-no w/Jane [ACT]</p>	<p>9:30 Sit & Stretch Exercise [TV] 10:00 Lyrical Locals Sing-along [AR] 11:00 Bridge Group Visiting [TV] 11:00 Pokeno w/Bev [ACT] 12:00 Hidden Word Search [AR] 1:30 Dog Companionship Day [AR] 2:00 Sunshine Program w/Barbara [ACT] 3:00 Mexican Train Dominoes [GR] 3:30 National Aviation Day (Movie) [TV] 4:00 Chess [ACT] 5:00 Hunt & Walk Conclusion [AR] 6:45 Movie Night [TV] 6:45 Poker [GR]</p>	<p>9:30 Chair Movement w/Nancy [TV] 10:30 Trivia Challenge [ACT] 10:35 Rosary [CH] 11:00 Communion [CH] 11:15 Bible Study w/Woody [CH] 11:45 Coloring w/Friends [ACT] 12:30 Sit somewhere new & meet someone new! 1:30 Country Store 2:00 Beanbag Baseball [AR] 2:00 Pinochle [LIB] 3:45 Share something you'd love to do! [ACT] 4:00 Wii Bowling [ACT] 4:30 Walking w/Cathleen 4:45 Bingo 10 Cards w/Zoey [ACT] 6:45 Japanese Hand Bell Concert [AR]</p>	<p>9:30 Tai Chi w/Craig [TV] 10:30 Let's Go Take Pictures! [AR] 11:00 Bible Study w/Chaplain Colbert (non-denominational) [CH] 11:15 Senior Citizen's Day (visit Senior Center) [BUS] 12:00 Hidden Word Search [AR] 2:15 Dog Park Social Time [(OS)] 2:30 Yahtzee [GR] 3:00 Travel (Share your experience) [ACT] 4:00 Music & Dancing w/George [AR] 4:15 Social Hour [AR] 4:45 Rummy Card Game [GR] 6:45 Bingo 10 Cards w/Zoey [ACT] 6:45 Poker [GR] 6:45 Tripoley Card Game [LIB]</p>	<p>9:30 Sit & Stretch Video Exercise [TV] 10:30 Ceramics w/Brent & Eva [ACT] 11:00 Stress Awareness Month (Discussion) [GR] 12:30 Back-to-School Fundraiser [DIN] 12:30 Secret Word (Luuu) [DIN] 12:30 Wear Your Name Tag [DIN] 1:30 Let's Talk Seniors (Eye Glass Cleaning & Adjustments) [AR] 2:00 Pinochle [LIB] 2:30 Resident/Manager Meeting [ACT] 3:00 Scrabble [ACT] 3:15 Paint by # [ACT] 4:45 Dominoes [ACT] 6:45 Po-ke-no w/Maureen [ACT]</p>	<p>9:00 Blood Pressure Check [ACT] 9:30 Sit & Stretch Exercise [TV] 10:30 Bingo w/Cathleen [ACT] 11:45 Shuffle Board [AR] 12:00 Hidden Word Search [AR] 2:00 Bridge [LIB] 2:15 Jewelry & Clothing Auction! [ACT] 3:00 Creative Coloring with Friends [AR] 3:45 Adventure Travel (Hawaii) [TV] 4:30 Uno Card Game [ACT] 4:45 Chat time w/Friends [GR] 6:45 Blackjack & Poker [GR] 6:45 Movie Night [TV]</p>	<p>9:00 Hunt & Walk (Part 1) [AR] 9:30 Sit & Stretch Exercise [TV] 10:30 Coffee & Family Sharing Chat Time [GR] 11:15 Walking w/Cathleen [AR] 11:45 George on the Piano [AR] 12:00 Auction \$\$ Exchange [AR] 12:30 Hawaiian Luau [DIN] 1:45 Entertainment by Multi Cultural Youth Dance Group [AR] 3:00 Bridge Lessons w/John [LIB] 3:45 Root-beer Floats w/Family & Friends [ACT] 4:45 Pool Challenge w/friends [GR] 6:45 Computer Bingo w/John [ACT] 6:45 Tripoley Card Game [LIB]</p>
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<p>9:00 Hunt & Walk (Part 2) [AR] 9:30 Sit & Stretch Exercise [TV] 10:30 Walking w/Friends [AR] 11:00 Bible Study w/friends [CH] 12:00 Sudoku [AR] 2:00 Sunday Matinee [TV] 2:00 Tripoley [LIB] 3:00 Uno Card Game [ACT] 3:45 National Banana Split Day [ACT] 4:00 Classic Music (Schubert Selections) [AR] 4:45 Pool [GR] 5:00 Cryptograms [AR] 6:45 Po-ke-no w/Jane [ACT]</p>	<p>9:30 Sit & Stretch Exercise [TV] 10:30 Pokeno w/Bev [ACT] 11:30 Book Club (Discussion) [LIB] 11:45 Walking w/Friends [AR] 12:00 Hidden Word Search [AR] 2:00 Name 5 (Challenge Game w/Barbara) [ACT] 3:15 Rummikub w/Barbara 4:00 Walking group w/Friends [AR] 4:30 Uno Card Game [ACT] 5:00 Hunt & Walk Conclusion [AR] 6:45 Movie Night [TV] 6:45 Poker [GR]</p>	<p>9:30 Beach Ball Exercise [AR] 10:30 Trivia Challenge [ACT] 10:35 Rosary [CH] 11:00 Communion [CH] 11:15 Bible Study w/Woody [CH] 11:45 Open Discussion w/Friends [AR] 1:30 Country Store 2:00 Beanbag Baseball [AR] 2:00 Pinochle [LIB] 3:45 Who, What, When & Where [ACT] 4:45 Puzzle Time [LIB] 6:45 Family Game Night! [ACT]</p>	<p>9:30 Tai Chi w/Craig [TV] 10:30 Outing ~ Mini Golf -Roseville (National Golf Month) [BUS] 11:00 Bible Study w/Chaplain Colbert (non-denominational) [CH] 12:00 Hidden Word Search [AR] 2:15 Dog Park Social Time [(OS)] 2:30 Yahtzee [GR] 4:00 Music & Dancing w/George [AR] 4:15 National Red Wine Day! [AR] 4:45 Card Playing [GR] 6:45 Bingo 10 Cards w/Zoey [ACT] 6:45 Poker [GR] 6:45 Tripoley Card Game [LIB]</p>	<p>Happy Birthday Jack B.</p> <p>9:30 Noodle Balloon Volley [AR] 10:30 Working in the Garden [(OS)] 11:45 Duck Drop [CH] 12:30 Secret Word (Phone) [DIN] 12:30 Wear Your Name Tag [DIN] 1:45 Let's Talk Seniors (No Cost Home Phone) [ACT] 2:00 Pinochle [LIB] 2:15 Community Engagement & Outreach [ACT] 3:30 Checkers [ACT] 4:15 Garden Stone Activity [ACT] 4:45 Uno Card Game [ACT] 6:45 Po-ke-no w/Maureen [ACT]</p>	<p>9:00 Blood Pressure Check [ACT] 9:30 Sit & Stretch Exercise [TV] 10:30 Bingo w/Cathleen [ACT] 12:00 Hidden Word Search [AR] 1:45 LTS 'When Life changes, so should your Estate Plan' [AR] 2:00 Bridge [LIB] 2:45 'One Day' Video Recording [TV] 3:15 Scrabble [ACT] 4:10 Happy Hour! [AR] 4:15 Entertainment by Tom Boyd [AR] 4:45 Skip-Bo [ACT] 6:45 Blackjack & Poker [GR] 6:45 Movie Night [TV]</p>	<p>9:00 Hunt & Walk (Part 1) [AR] 9:30 Sit & Stretch Exercise [TV] 10:30 Coffee & Family Sharing Chat Time [GR] 11:45 George on the Piano [AR] 12:00 Auction \$\$ Exchange [AR] 2:00 Beanbag Baseball [AR] 2:00 Bridge Lessons w/John [LIB] 3:30 National Trail Mix Day [ACT] 4:00 Wii Bowling [ACT] 4:45 Checkers [ACT] 6:45 Computer Bingo w/John [ACT] 6:45 Tripoley Card Game [LIB]</p>
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