

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
1 9:00 ♥ Hunt & Walk (Part 2) [AR] 9:30 ♥ Sit & Stretch Exercise [TV] 11:00 ☆ Bible Study w/friends [CH] 12:00 ♥ Sudoku [AR] 2:00 ♡ Sunday Matinee [TV] 2:00 ♥ Tripoley [LIB] 3:45 ♡ Ice Cream Social [ACT] 4:00 ☆ Classical Music (Another Goes) [AR] 4:30 ♡ Checkers [ACT] 4:45 ♡ Pool [GR] 5:00 ♡ Cryptograms [AR] 6:45 ♡ Po-ke-no w/Jane [ACT]	2 9:30 ♥ Sit & Stretch Exercise [TV] 10:15 ♥ Entertainment by Gold Country Senior Band [AR] 11:15 ♡ Pokeno w/Bev [ACT] 12:00 ♡ Hidden Word Search [AR] 12:15 ♡ Toys for Tots (donate for the month) [ACT] 2:00 ♥ Bunco w/Barbara [ACT] 2:00 ♡ Mahjong Lessons! [GR] 3:15 ♥ Coffee & Current Event [ACT] 5:00 ♥ Hunt & Walk Conclusion [AR] 6:45 ♡ Movie Night [TV] 6:45 ♡ Poker [GR]	3 Happy Birthday Shirley G. 9:30 ♥ Chair Yoga w/Nancy [TV] 10:30 ♡ Trivia Challenge [ACT] 10:35 ♡ Rosary [CH] 11:00 ☆ Communion [CH] 11:15 ☆ Bible Study w/Woody [CH] 11:30 ♡ Vibrant Life/Activity Meeting [ACT] 1:30 ♡ Country Store 1:45 ♡ Dog Companionship Day [AR] 2:00 ♡ Christmas Decorating [AR] 2:00 ♥ Pinochle [LIB] 3:45 ♡ Kings in the Corner (card game) [ACT] 4:45 ♡ Puzzle Time [LIB] 6:45 ♡ Bingo w/Kelly [ACT]	4 Happy Birthday Anne S. 9:30 ♥ Tai Chi w/Craig [TV] 10:30 ♡ Outing ~ Shopping at Walmart & Lunch [BUS] 11:00 ♡ Sequence [ACT] 12:00 ♡ Hidden Word Search [AR] 2:00 ♡ Dog Park Social Time [(OS)] 2:30 ♡ Christmas Decorating [ACT] 3:00 ♡ Yahtzee [GR] 4:00 ♥ Music & Dancing w/George [AR] 4:45 ♥ Rummy Card Game [GR] 6:30 ♡ Entertainment by Steven Schwartz [AR] 6:45 ♡ Poker [GR]	5 9:30 ♥ Noodle Balloon Volley [AR] 10:30 ♥ Computer Pokeno [ACT] 11:00 ♥ Bridge Players Visiting [TV] 11:15 ♡ Glass Jewelry by Pat & Don [AR] 11:15 ♥ Welcome & Meet New Residents [ACT] 12:30 ♥ Secret Word (Dance) [DIN] 12:30 ♡ Wear Your Name Tag [DIN] 1:45 ♥ Let's Talk Seniors (Hot Chocolate & Hospice) [ACT] 2:00 ♥ Pinochle [LIB] 2:45 ♡ Resident/Manager Meeting [ACT] 3:00 ♡ Rack-O Card Game [GR] 4:30 ♡ Pamela's School of Dance [AR] 4:45 ♡ Cribbage [ACT] 6:45 ♡ Po-ke-no w/Maureen [ACT]	6 9:00 ♥ Blood Pressure Check [ACT] 9:30 ♥ Sit & Stretch Exercise [TV] 10:30 ♡ Bingo w/Friends [ACT] 11:00 ♡ Muddy Paws Arts [AR] 11:15 ☆ Water Colors w/Jackie [ACT] 12:00 ♡ Hidden Word Search [AR] 2:00 ♥ Bridge [LIB] 3:00 ♡ Uno Card Game [ACT] 4:15 ♡ Scrabble [ACT] 4:45 ♡ Foosball [GR] 5:00 ♡ Staff Appreciation Christmas Dinner [DIN] 6:45 ♡ Blackjack & Poker [GR] 6:45 ♡ Movie Night [TV]	7 9:00 ♥ Hunt & Walk (Part 1) [AR] 9:30 ♥ Sit & Stretch Exercise [TV] 10:30 ♡ Coffee & Family Sharing Chat Time [GR] 11:15 ♥ Decorate Cookies & Christmas Wrapping w/Youths [ACT] 11:45 ♡ George on the Piano [AR] 12:00 ♡ Auction \$\$ Exchange [AR] 2:00 ♡ Bowling [AR] 2:00 ♥ Bridge Lessons w/John [LIB] 3:30 ♡ Uno Card Game [GR] 4:00 ♡ Pearl Harbor Remembrance Day (Movie) [TV] 4:45 ♡ Pool Challenge [GR] 6:45 ♡ Computer Bingo w/John [ACT] 6:45 ♡ Tripoley Card Game [GR]		
8 9:00 ♥ Hunt & Walk (Part 2) [AR] 9:30 ♥ Sit & Stretch Exercise [TV] 11:00 ☆ Bible Study w/friends [CH] 11:15 ♡ Mini Golf [TV] 12:00 ♥ Sudoku [AR] 2:00 ☆ Christmas Concert @ Auburn Grace Church [BUS] 2:00 ♡ Sunday Matinee [TV] 2:00 ♥ Tripoley [LIB] 3:30 ♡ Dominoes [ACT] 3:45 ♥ Sherbet Ice Cream w/staff! [ACT] 4:00 ♥ Classical Music (Music for a Summer's Evening) [AR] 4:45 ♡ Pool [GR] 5:00 ♡ Cryptograms [AR] 6:45 ♡ Po-ke-no w/Jane [ACT]	9 9:30 ♥ Sit & Stretch Exercise [TV] 10:30 ♡ Pokeno w/Bev [ACT] 11:45 ♥ Walking w/Friends [AR] 12:00 ♡ Hidden Word Search [AR] 1:45 ☆ Church Service & Communion w/Pastor Paul [CH] 2:00 ♡ Mahjong Lessons! [GR] 2:15 ♡ Jeopardy w/Barbara [ACT] 3:00 ♥ Dog Therapy w/Candice [AR] 3:15 ♥ Reminiscing w/Barbara [ACT] 4:00 ♡ Phase 10 Card Game [ACT] 4:00 ♡ Skip-Bo [GR] 5:00 ♥ Hunt & Walk Conclusion [AR] 6:45 ♡ Movie Night [TV] 6:45 ♡ Poker [GR]	10 9:30 ♥ Beach Ball Exercise [AR] 10:00 ☆ Catholic Mass [CH] 10:30 ♡ Trivia Challenge [ACT] 11:15 ☆ Bible Study w/Woody [CH] 11:30 ♡ Ambassador Meeting [ACT] 11:45 ♡ Coloring w/Friends [ACT] 1:30 ♡ Country Store 1:45 ♥ Stamp Collection Fundraiser [ACT] 2:00 ♥ Pinochle [LIB] 2:15 ♡ Auction (spend your Auction \$\$) [AR] 4:00 ♡ Left-Right-Center Dice Game [ACT] 4:45 ♡ Puzzle Time [LIB] 6:45 ♡ Bingo w/Kelly [ACT]	11 9:30 ♥ Tai Chi w/Craig [TV] 10:30 ♡ Ceramics w/Brent & Eva [ACT] 12:00 ♡ Hidden Word Search [AR] 2:00 ♡ Dog Park Social Time [(OS)] 2:15 ♡ Outing ~ Bernhard Museum 2:30 ♡ Yahtzee [GR] 3:30 ♥ Yahtzee [ACT] 4:00 ♥ Music & Dancing w/George [AR] 4:15 ♡ Wine Social [AR] 4:45 ♡ Card Playing [GR] 6:30 ♡ Outing ~ Christmas Light Sightseeing 'Bayside Church' [BUS] 6:45 ♡ Bingo 10 Cards w/Zoey [ACT] 6:45 ♡ Poker [GR]	12 9:30 ♥ Sit & Stretch Video Exercise [TV] 10:15 ♥ Visit Pine Hill Adventist K/1 Academy Students [BUS] 10:30 ♥ Computer Pokeno [ACT] 11:30 ♥ Let's Talk Seniors (Tax Documentary) [ACT] 12:30 ♥ Secret Word (Poinsettia) [DIN] 12:30 ♡ Wear Your Name Tag [DIN] 12:45 ♡ Poinsettia Day [DIN] 1:30 ♥ Let's Talk Seniors (Eye Glass Cleaning & Adjustments) [AR] 2:00 ♥ Pinochle [LIB] 2:15 ♥ Food Talk w/Chef [ACT] 3:15 ♡ Gingerbread House Day! [ACT] 4:00 ♡ Aggravation Board Game [ACT] 4:45 ♡ Dominoes [ACT] 6:30 ♡ Outing ~ Heart of Christmas (performance) [BUS] 6:45 ♡ Po-ke-no w/Maureen [ACT]	13 Happy Birthday Oscar S. 9:00 ♥ Blood Pressure Check [ACT] 9:30 ♥ Sit & Stretch Exercise [TV] 10:30 ♡ Bingo w/Cathleen [ACT] 12:00 ♡ Hidden Word Search [AR] 1:15 ♥ Let's Talk Seniors (Free Ear & Hearing Aid Check) [ACT] 2:00 ♥ Bridge [LIB] 2:45 ♡ Craft Project w/Cathleen [ACT] 4:00 ♡ Checkers [ACT] 4:15 ♥ Entertainment by Home Spun Duet [AR] 4:30 ♡ Happy Hour [AR] 4:45 ♥ Knitting Hats or Scarfs for the Homeless [ACT] 5:00 ♥ Puzzle Time [LIB] 6:45 ♡ Blackjack & Poker [GR] 6:45 ♡ Movie Night [TV]	14 9:00 ♥ Hunt & Walk (Part 1) [AR] 9:30 ♥ Sit & Stretch Exercise [TV] 10:30 ♡ Coffee & Family Sharing Chat Time [GR] 10:30 ♡ Entertainment by 'Divide Youth Musicians' [AR] 11:00 ☆ Water Colors w/Jackie [ACT] 11:45 ♡ George on the Piano [AR] 12:00 ♡ Auction \$\$ Exchange [AR] 2:00 ♥ Beanbag Baseball [AR] 2:00 ♥ Bridge Lessons w/John [LIB] 3:45 ♥ Wii Bowling League [ACT] 4:45 ♡ Walking Group [AR] 6:45 ♡ Computer Bingo w/John [ACT] 6:45 ♡ Tripoley Card Game [GR]		
15 9:00 ♥ Hunt & Walk (Part 2) [AR] 9:30 ♥ Sit & Stretch Exercise [TV] 11:00 ☆ Bible Study w/friends [CH] 11:30 ♡ Walking w/friends [AR] 11:45 ☆ Presbyterian Church Choir [AR] 12:00 ♥ Sudoku [AR] 2:00 ♥ Tripoley [LIB] 2:30 ♡ Piano Recital w/Anna Lee Vincent [AR] 4:30 ♡ Checkers [ACT] 4:45 ♡ Pool [GR] 5:00 ♡ Cryptograms [AR] 6:45 ♡ Po-ke-no w/Jane [ACT]	16 9:30 ♥ Sit & Stretch Exercise [TV] 10:30 ♡ Pokeno w/Bev [ACT] 11:00 ♡ Ritts Glitz Paparazzi Jewelry! [AR] 11:30 ♥ LRC (Left-Right-Center) Dice Game [ACT] 12:00 ♡ Hidden Word Search [AR] 2:00 ♡ Mahjong Lessons! [GR] 2:15 ☆ Sunshine Program w/Barbara [ACT] 3:00 ♥ Mexican Train Dominoes [GR] 4:00 ♡ Chess [ACT] 5:00 ♥ Hunt & Walk Conclusion [AR] 6:45 ☆ Entertainment by Sierra Gold Choir [AR] 6:45 ♡ Poker [GR]	17 9:30 ♥ Chair Yoga w/Nancy [TV] 10:30 ♡ Trivia Challenge [ACT] 10:35 ♡ Rosary [CH] 11:00 ☆ Communion [CH] 11:15 ☆ Bible Study w/Woody [CH] 12:30 ♡ Sit somewhere new & meet someone new! [DIN] 1:30 ♡ Country Store 1:45 ♥ Dog Companionship Day [AR] 2:00 ♥ Beanbag Baseball [AR] 2:00 ♥ Pinochle [LIB] 3:30 ♡ Wright Brothers Day (Movie) [TV] 4:00 ☆ Share something you'd love to do! [ACT] 4:45 ♡ Walking w/Cathleen 6:45 ♡ Bingo w/Kelly [ACT]	18 9:30 ♥ Tai Chi w/Craig [TV] 11:00 ♡ Mary Kay w/Lilly Parker [AR] 11:00 ♡ Sequence [ACT] 12:00 ♡ Hidden Word Search [AR] 12:00 ♡ Lunch w/Friends [BUS] 2:00 ♡ Dog Park Social Time [(OS)] 2:30 ♡ Yahtzee [GR] 3:15 ♥ Share your Travel Experience! [ACT] 4:00 ♥ Music & Dancing w/George [AR] 4:15 ♡ Beer Social [AR] 4:45 ♥ Rummy Card Game [GR] 6:45 ♡ Bingo 10 Cards w/Zoey [ACT] 6:45 ♡ Poker [GR] 7:00 ♡ Outing ~ Christmas Light Sightseeing [BUS]	19 9:30 ♡ Rock Creek 2nd Grader Students Singing [AR] 10:15 ♥ Sit & Stretch Video Exercise [TV] 10:30 ♡ Computer Pokeno [ACT] 10:45 ♡ Decorate for Birthday Celebration [ACT] 11:45 ♡ Open Discussion w/Friends [AR] 12:30 ♡ Birthday Celebration [DIN] 12:30 ♥ Secret Word (Giving) [DIN] 12:30 ♡ Wear Your Name Tag [DIN] 1:45 ♥ Entertainment by 'The Way Back Then Band' [AR] 2:00 ♥ Pinochle [LIB] 3:15 ♡ National Re-Gifting Day! [AR] 4:00 ♡ Gold Key (Name That Christmas Song~Happy Hour) [ACT] 5:00 ♡ Coffee & Cookies ~ Chat Time [DIN] 6:45 ♡ Po-ke-no w/Maureen [ACT]	20 8:00 ♡ Donuts w/Friends [DIN] 8:45 ♥ Pine Hills Adventist Academy School (4th grade) Singing [AR] 9:00 ♥ Blood Pressure Check [ACT] 9:45 ♥ Sit & Stretch Exercise [TV] 11:00 ☆ Water Colors w/Jackie [ACT] 12:00 ♡ Hidden Word Search [AR] 12:15 ♡ Ugly Christmas Sweater Day! [AR] 2:00 ♥ Bridge [LIB] 2:15 ♡ Clothing & Jewelry Auction! [AR] 4:15 ♡ Scrabble [ACT] 4:30 ♥ Cooking w/Cathleen [ACT] 4:45 ♡ Skip-Bo [ACT] 6:45 ♡ Blackjack & Poker [GR] 6:45 ♡ Movie Night [TV]	21 Happy Birthday Marlyne J. 9:00 ♥ Hunt & Walk (Part 1) [AR] 9:30 ♥ Sit & Stretch Exercise [TV] 10:30 ♡ Coffee & Family Sharing Chat Time [GR] 11:45 ♡ George on the Piano [AR] 12:00 ♡ Auction \$\$ Exchange [AR] 12:30 ♡ Christmas Family Celebration! [DIN] 2:00 ♥ Entertainment by Jim Hall [AR] 2:15 ♡ Winter Solstice Happy Hour! [AR] 3:30 ♡ Saturday Afternoon Movie [TV] 4:45 ♡ Left-Right-Center Dice Game [ACT] 6:45 ♡ Computer Bingo w/John [ACT] 6:45 ♡ Tripoley Card Game [GR]		
22 9:00 ♥ Hunt & Walk (Part 2) [AR] 9:30 ♥ Sit & Stretch Exercise [TV] 10:30 ♥ Walking w/Friends [AR] 11:00 ☆ Bible Study w/friends [CH] 12:00 ♥ Sudoku [AR] 2:00 ♡ Sunday Matinee [TV] 2:00 ♥ Tripoley [LIB] 3:00 ♡ Uno Card Game [ACT] 3:30 ♡ Dominoes [ACT] 3:45 ♥ Sunday Sundaes [ACT] 4:00 ♥ Classic Music (Piano Hymns) [AR] 4:45 ☆ Hanukkah Begins at Sunset [AR] 4:45 ♡ Pool [GR] 5:00 ♡ Cryptograms [AR] 6:45 ♡ Po-ke-no w/Jane [ACT]	23 9:30 ♥ Sit & Stretch Exercise [TV] 10:30 ♡ Pokeno w/Bev [ACT] 11:45 ♥ Walking w/Friends [AR] 12:00 ♡ Hidden Word Search [AR] 2:00 ♡ Mahjong Lessons! [GR] 2:15 ♡ Name 5 (Challenge Game w/Barbara) [ACT] 3:00 ♥ Creative Coloring with Friends [AR] 3:15 ♥ Rummikub w/Barbara [ACT] 4:00 ♡ Skip-Bo [GR] 4:00 ♡ Walking group w/Friends [AR] 5:00 ♥ Hunt & Walk Conclusion [AR] 6:45 ♡ Movie Night [TV] 6:45 ♡ Poker [GR]	24 Christmas Eve 9:30 ♥ Beach Ball Exercise [AR] 10:30 ♡ Trivia Challenge [ACT] 10:35 ♡ Rosary [CH] 11:00 ☆ Communion [CH] 11:00 ♡ Let's go give Thanks to others! [BUS] 11:15 ☆ Bible Study w/Woody [CH] 11:45 ♡ Coloring w/Friends [ACT] 12:30 ♡ National Egg Nog Day [DIN] 1:30 ♡ Country Store 2:00 ♥ Beanbag Baseball [AR] 2:00 ♥ Pinochle [LIB] 3:45 ♡ Share your Christmas Experience w/Friends [ACT] 4:45 ♡ Puzzle Time [LIB] 6:45 ♡ Bingo w/Kelly [ACT]	25 Christmas Day Happy Birthday Marilyn G. 9:30 ♥ Sit & Stretch Video Exercise [TV] 11:00 ♥ Walking group w/Friends [AR] 11:30 ♡ Christmas Family Chat Time w/coffee & donuts! [ACT] 12:00 ♡ Hidden Word Search [AR] 2:00 ♡ Dog Park Social Time [(OS)] 2:15 ♡ Christmas Movie [TV] 2:30 ♡ Yahtzee [GR] 4:00 ♥ Music & Dancing w/George [AR] 4:45 ♡ Card Playing [GR] 6:45 ♡ Bingo 10 Cards w/Zoey [ACT] 6:45 ♡ Poker [GR]	26 Happy Anniversary Jim & Mona T. '1960' Happy Birthday JoAnn B. 9:30 ♥ Sit & Stretch Video Exercise [TV] 11:45 ♥ Duck Drop [CH] 12:30 ♥ Secret Word (Christmas) [DIN] 12:30 ♡ Wear Your Name Tag [DIN] 2:00 ♥ Pinochle [LIB] 3:00 ♡ Scrabble [ACT] 3:15 ♡ Paint by # [ACT] 4:15 ♡ Hanukkah w/Kristi (ED) [ACT] 4:45 ♡ Dominoes [ACT] 5:30 ♡ Hanukkah Dinner! [DIN] 6:45 ♡ Po-ke-no w/Maureen [ACT]	27 9:00 ♥ Blood Pressure Check [ACT] 9:30 ♥ Sit & Stretch Exercise [TV] 10:30 ♡ Bingo w/Cathleen [ACT] 11:45 ♡ Shuffle Board [AR] 12:00 ♡ Hidden Word Search [AR] 1:30 ♥ Let's Talk Seniors (Eye Glass Cleaning & Adjustments) [AR] 2:00 ♥ Bridge [LIB] 3:00 ☆ 'One Day' Video Recording [TV] 4:30 ♥ Uno Card Game [ACT] 4:45 ♥ Path to Wellness Recognition! [AR] 6:45 ♡ Blackjack & Poker [GR] 6:45 ♡ Movie Night [TV]	28 9:00 ♥ Hunt & Walk (Part 1) [AR] 9:30 ♥ Sit & Stretch Exercise [TV] 10:30 ♡ Coffee & Family Sharing Chat Time [GR] 11:00 ☆ Water Colors w/Jackie [ACT] 11:45 ♡ George on the Piano [AR] 12:00 ♡ Auction \$\$ Exchange [AR] 1:00 ☆ Pledge of Allegiance Day! [DIN] 2:00 ♥ Beanbag Baseball [AR] 2:00 ♥ Bridge Lessons w/John [LIB] 3:45 ♡ Root-beer Floats w/Family & Friends [ACT] 4:00 ♡ Checkers [ACT] 4:45 ♡ Pool Challenge w/friends [GR] 6:45 ♡ Computer Bingo w/John [ACT] 6:45 ♡ Tripoley Card Game [GR]		
29 Happy Birthday Evelyn P. 9:00 ♥ Hunt & Walk (Part 2) [AR] 9:30 ♥ Sit & Stretch Exercise [TV] 11:00 ☆ Bible Study w/friends [CH] 12:00 ♥ Sudoku [AR] 2:00 ♡ Sunday Matinee [TV] 2:00 ♥ Tripoley [LIB] 3:00 ☆ Share what was your best event for the month! [GR] 4:00 ♥ Classic Music (Nutcracker) [AR] 4:45 ♡ Pool [GR] 5:00 ♡ Cryptograms [AR] 6:45 ♡ Po-ke-no w/Jane [ACT]	30 9:30 ♥ Sit & Stretch Exercise [TV] 10:30 ♡ Pokeno w/Bev [ACT] 11:30 ☆ Book Club (Discussion) [LIB] 12:00 ♡ Hidden Word Search [AR] 2:00 ♡ Mahjong Lessons! [GR] 2:15 ♡ Rummikub [ACT] 3:00 ♥ Farkle Dice Game! [ACT] 5:00 ♥ Hunt & Walk Conclusion [AR] 6:45 ♡ Movie Night [TV] 6:45 ♡ Poker [GR]	31 New Year's Eve 9:30 ♥ Sit & Stretch Video Exercise [TV] 10:30 ♡ Trivia Challenge [ACT] 10:35 ♡ Rosary [CH] 11:00 ☆ Communion [CH] 11:15 ☆ Bible Study w/Woody [CH] 1:30 ♡ Country Store 2:00 ♥ Beanbag Baseball [AR] 2:00 ♥ Pinochle [LIB] 4:00 ♡ Wii Bowling Challenge 4:45 ♡ Puzzle Time [LIB] 7:00 ♡ New Year's Eve Celebration! [AR]	 SOLSTICE SENIOR LIVING AT AUBURN 3250 Blue Oaks Drive Auburn, CA 95602 530-888-1144				Location Keys Activity Room (1st Floor) ACT Atrium (1st Floor) AR BUS BUS Chapel (2nd Floor) CH Dining Room (1st Floor) DIN Game Room (2nd Floor) GR Library (3rd Floor) LIB Outside (OS) TV Room (2nd Floor) TV	📷 Be Adventurous 🚩 Be Challenged 💬 Be Connected 👨‍👩‍👧‍👦 Be Family 🌟 Be Inspired 🦋 Be Social ♥ Be Well